



# Achalochan House

## Vegan Breakfast Menu

Your breakfast is prepared to order and is served in our Dining Room between 08:00 and 09:00. Please let us know if you have any dietary requirements or allergies. Our portions are generous, so if you'd like smaller size meals, please let us know.

**Please write the quantity of your choices in the boxes and leave this sheet on the Hall table by 10:00pm on the night before your breakfast.**

***We'd like our breakfast at;***

***[08:00] – [08:15] – [08:30] – [08:45] – [09:00 last service]***

### **To Start**

#### **Fruit, Yoghurt and Granola Bowl**

[ ] A bowl of fresh fruit and vegan yoghurt topped with Sara's home made granola and maple syrup.

#### **Scottish Oat Porridge**

[ ] Scottish oat porridge made with oat milk, served with maple syrup.

### **Then choose one (per person) from;**

#### **Carrot and crème cheese Lox**

[ ] Roasted carrots in a smokey dressing (rice wine vinegar/paprika/lemon and olive oil) on homemade bread with capers, pickled red onion and vegan crème cheese.

#### **Field Breakfast**

[ ] Griddled tomato, mushrooms, peppers and avocado served on homemade toast.

#### **Avocado Escabeche**

[ ] Avocado on toast Mexican style, with tomatoes, a hint of chilli, lime and onions.

#### **Mushrooms On Toast**

[ ] Mushrooms on home made toasted bread.

#### **Toast**

[ ] Toasted home made bread with vegan butter and an assortment of Jams.

**Breakfast drinks:** Fresh Cafetière Coffee [ ], Breakfast Tea [ ], Early Grey [ ], Mint [ ], Chamomile [ ], Green Tea [ ] or Hot Chocolate [ ]. Ask us for Fruit teas. Soy or Oat Milks are available

**Starlink WiFi - Network: Achalochan Guest - Password: achalochan**  
**Questions? Need Help? WhatsApp us on +44 (0)7809431943**

